



Uday Jani, MD, FACP

Board certified in Internal Medicine

Fellowship Trained in Integrative Medicine

(302) 684-0990

OCTOBER OFFERINGS... SHOREVIEW PERSONALIZED MEDICAL CARE

Wednesdays in October * 11:00 am – 12:00 pm

Technology Training: Need help navigating Dr. Jani's website, the patient portal or the Emerson Ecologics website? We are pleased to offer assistance to help you learn how to utilize these resources to stay well and communicate with the office. Please call the office to secure a spot in a small group or arrange for one-on-one help.

Friday, October 17th * 12:00 – 1:00pm

Guided Imagery Use for Wellness: Uday Jani, MD will give an overview of this form of focused relaxation that helps create harmony between the mind and body. Learn how guided imagery can be used in the treatment of various medical conditions.

Friday, October 24th * 12:00 – 1:00pm

Using Flower Essences to Balance Emotions, Reduce Stress & Enhance Healing: Join Maryanne Latorre as she discusses using flower essences as a safe & effective method of healing many emotional issues.

Friday, October 31st * 12:00 – 1:00 pm

Chocolate and Halloween: Join Uday Jani, MD & Neepa Jani as they take a look at the good, bad & ugly aspects of your favorite chocolate Halloween treats.

Space is limited...Please call the office (302) 684-0990 to RSVP if you would like to attend any of these events.